

REGIM	Dimineata		Ora 10		Pranz		Ora 16		Seara	
	alimente	cant	alimente	cant	alimente	cant	alimente	cant	alimente	cant
RG1 Hidric Rg semilichid	Ceai neindulcit	250 ml			Supa strecurata de legume	400 ml			ceai fara zahar	250ml
	Ceai	50g							ceai, terci	250 ml
	pasta de branza	250 ml			Supa crema de legume	400 ml			branza	70g
		70 gr								
RG 2 (Afctiuni gastroduode nale)	ceai	250 ml			Supa cu legume	400 ml	Biscuiti	50gr	macaroane cu branza dulce	200gr
	paine	50g	Biscuiti	50gr	Cartofi natur cu pulpa de pui	250/150gr				
	Pasta de brz	70 gr			Paine	50gr				
	Ou fiert\Unt	1\1buc								
Rg 3 (Afectiuni B.D.A)	Ceai f.z	250 ml			Supa de orez	400 ml			Orez pe apa ,	200gr
	paine	50g	Biscuiti	50 g	Orez fiert si branza de vaci	200\70gr	Biscuiti	50 g	paine coapta	50gr
	branza de vaci	70g			Paine coapta	150 g			ceai fara zahar	250ml
Rg 4 (Afectiuni hepatice)	Ceai	250ml			Supa cu legume	400 ml			macaroane cu branza dulce	200gr
	paine	50g			Cartofi natur cu pulpa de pui	200g\150 gr	biscuiti	50gr		
	pasta de branza unt\gem	70 gr 1buc \20gr	Biscuiti	50gr	Paine compot	150 gr 200gr			ceai fara zahar	250ml
		200ml			Supa cu legume si cartofi	400ml				
Rg 5-6 Afectiuni- cardiovascul are-renal	ceai	200ml							budinca cu branza dulce \gem	200/50gr
	Pasta de branza unt\gem	70g\1\20gr	castraveti	50gr	Fasole pastai si pulpa de pui	250/150gr				50gr
	Paine	50gr		50gr	Paine	150gr	banane	1buc	Paine	250ml
	ou fiert	1buc	masline nesarate	30gr	napolitana	1buc			ceai	
Lfv	Ceai	250 ml			Supa cu legume	400 ml			budinca cu branza dulce \gem	200/50gr
	paine	50g	Biscuiti	30gr	cartofi natur cu branza de vaci	250g	banane	1buc		

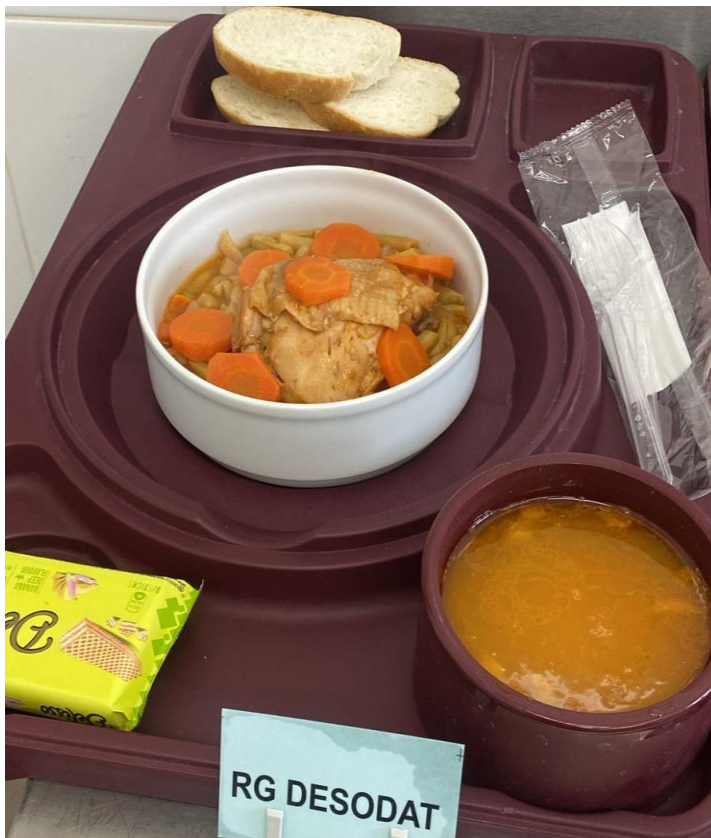
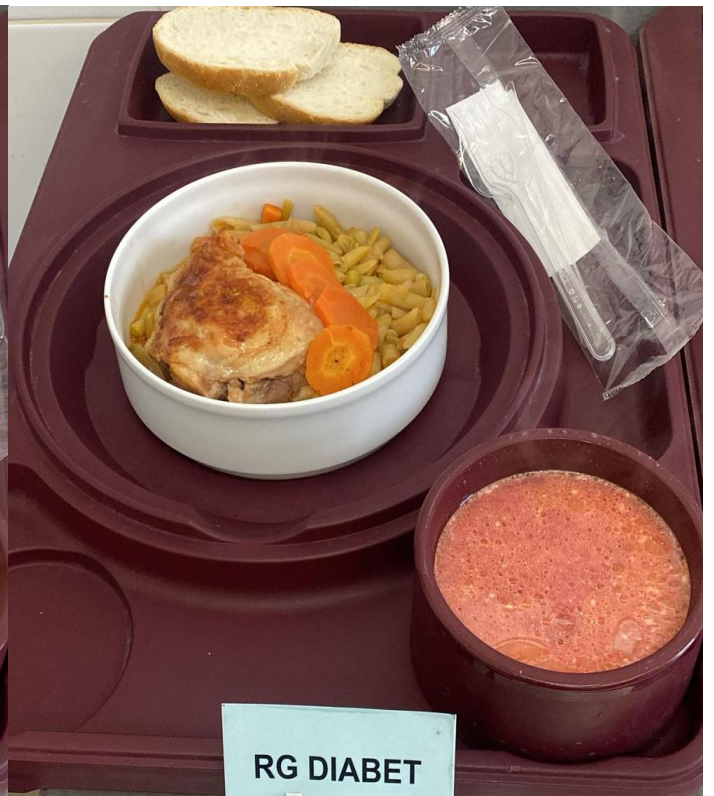
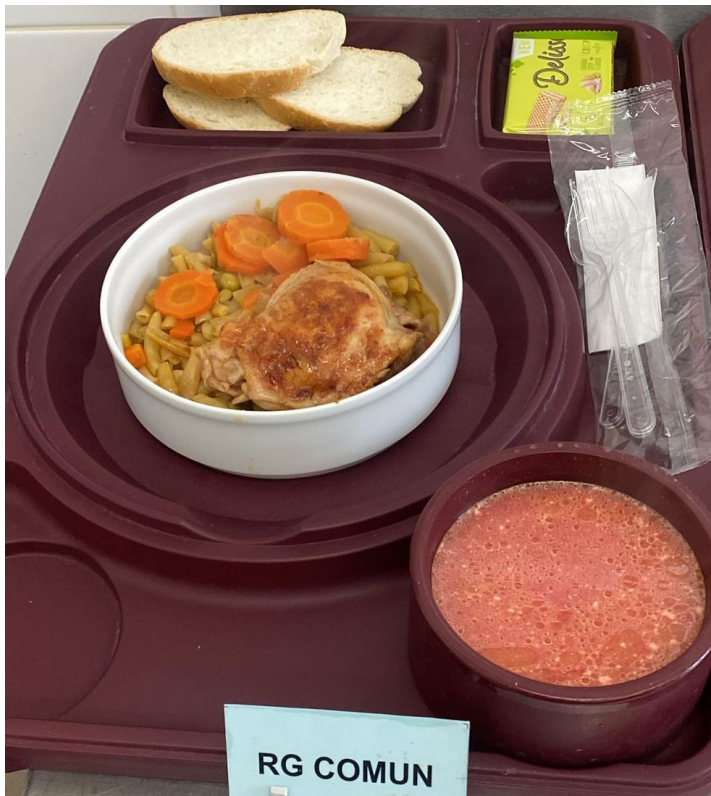
Rg 8 diabet	branza de vaci	70gr			paine	150gr			ceai	250ml
	Unt\gem	1buc /20gr			napolitana	1buc			paste cu legume si pulpa de pui	250gr
	Ceai f. z.	250 ml			Bors cu sfecla rosie	400 ml				
	paine	50g	masline	30gr	Fasole pastai si pulpa de pui	250/150gr			Pulpa pui	150gr
	cascaval	70gr	castraveti	30gr	Grapefruit	100gr	iaurt	200g r	Paine	50gr
	carnati pate	70gr 1buc							ceai fara zahar	250ml
Rg 9,	ceai	250ml			Bors cu sfecla rosie	400ml			budinca cu branza dulce /gem	200/50gr
Rg Psihici, Insotitoare	Paine	50gr	masline	30gr	Fasole pastai cu pulpa de pui	250/150gr			ceai	250ml
	cascaval	70gr	castraveti	30gr	napolitana	1buc			Paine	50gr
	carnati	70gr			Paine	150gr	portocale	1buc		
	pate	1buc								
Rg 10 Lauze\	ceai	250ml			Supa cu legume si cartofi	400ml				250gr
Rg 3-18 ani Rg 1-3 ani	Paine	50gr	masline	30gr	Fasole pastai si pulpa de pui	250/150gr	portocale	1buc	budinca cu branza dulce \gem	200/50gr
	cascaval	70gr	castraveti	30gr	napolitana	1buc			Paine	50gr
	carnati	70gr			Paine	150gr			ceai	250ml
	pate	1buc								
Medic de garda	ceai, paine	250ml\50gr			Bors cu legume si cartofi	400ml			pilaf cu legume si piept de	200gr
	ochiuri, cascaval	2buc\70gr			Piure cu snitel de pui	250\150\100gr			curcan	150gr
	salam, masline	70gr\30gr			si salata de varza	100gr			castraveti in otet	100gr

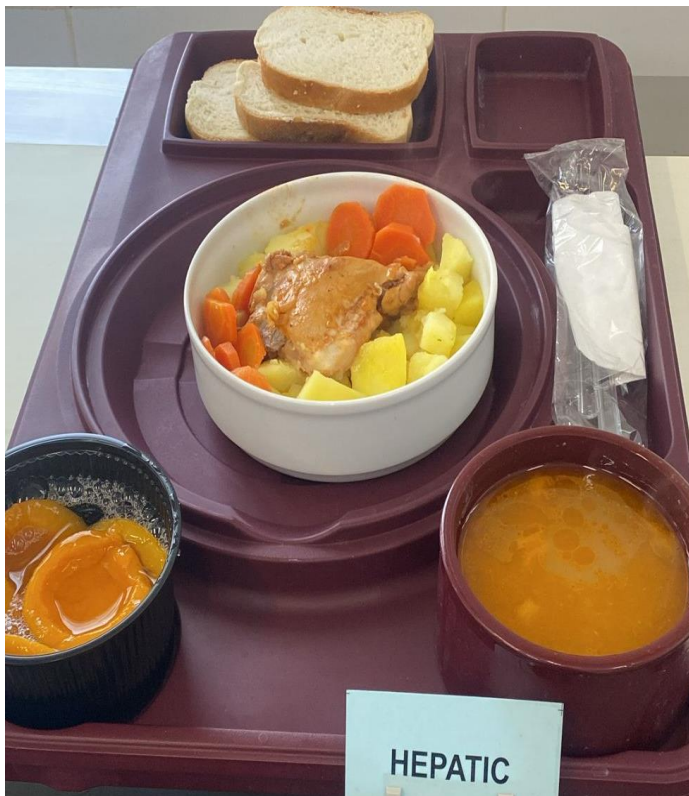
\*Nota: Conform Ordinului nr. 183/2016, art. 3, si a Reg. CE 1169/2011 privind informarea consumatorilor, va aduce la cunostinta ca preparatele culinare din cadrul unitatii noastre, pot fi prezenti agenti patogeni din produse: lactate si produse derivate (lactoza), cereale care contin gluten (paine si produse derivate), oua si produse derivate (albumina), produse congelate (carne de pui, piept de curcan, porc) semipreparare (pui, porc), legume (mazare, pastai, legume pentru ciorbe), telina, fructe cu coaja (mar, portocale, banane, grapefruit), condimente (piper, boia de ardei).

MIC DEJUN



PRANZ





CINA

